



Brain Injury Alliance of Washington

MINDMATTERS

PREVENTION ■ SUPPORT ■ EDUCATION ■ ADVOCACY

December 2021

MindMatters is a
publication of BIAWA



Brain Injury
Alliance
WASHINGTON

Our Mission: To increase public awareness, support, and hope for those affected by Brain Injury through education, assistance, and advocacy.

Goodbye 2021. HELLO 2022!

**Happy Holidays from
the Brain Injury Alliance of Washington TEAM!**

As we say goodbye to 2021 and welcome a New Year, we pause to give thanks to YOU—our amazing community.

Our brain injury survivors, family members, and caregivers are the focus of everything we do and we are humbled to be of service to you.

We are honored to have our committed community partners, providers, supporters, and donors walk beside us in service to the brain injury community.

In the new year, we hope to be able to connect with you in person whenever possible! Whether is at a social outing like the annual Tulip Trip, at our March Brain Injury Awareness Concert, or the Walk, Run & Roll in April at Green Lake Park, we can't wait to see you again!



A reminder that BIAWA's offices and the Brain Injury Resource Line will be closed on Friday, December 24th and Friday, December 31st.

If you are calling the **Brain Injury Resource Line at 1-877-982-4292**, please leave a message.

We will return your call on the next business day.

Do you need help making a COVID-19 vaccination appointment?

Please call the BIAWA Resource Line at 877-982-4292.

Connect with Us!

We utilize the following social media platforms to share information on upcoming opportunities, resources, and fun photos from our community! Visit us to stay up to date on what BIAWA is doing in your community.



@BrainInjuryWA



@braininjurywa



YouTube @BrainInjuryWA

Who Qualifies for Resource Management Services

The Brain Injury Alliance of Washington is privileged to offer FREE Adult and Pediatric Resource Management services to residents of Washington State living with a Brain Injury and their supports.



Washington TBI Resource Center

A PROGRAM OF BIAWA

Adult Resource Management Services

We provide individualized and client-centered Adult Resource Management services to individuals 18 years and older who need assistance in reaching their goals. This can include, but is not limited to:

- Resources for assistance with housing
- Qualifying for community programs
- Assistance with applications
- Qualifying for DSHS programs
- Social Security
- Accessing a therapeutic animal
- Locating appropriate medical care
- Advocacy
- Legal resources
- Finding community and increasing quality of life
- Personal goals

Pediatric Resource Management Services

We provide individualized and client-centered Pediatric Resource Management services to help navigate youth-specific needs. This can include, but is not limited to:

- Advocating for therapeutic interventions
- Advocating for brain specific medical care and interventions
- Educational advocacy
- Legal referral
- Concussion management
- Locating support groups
- Qualifying for DSHS programs
- IEP, 504, ITP, and educational advocacy
- Accessing activities and programs for quality of life

Pediatric Resource Managers develop short and long-term intervention strategies to support clients with reintegration into their homes, schools, and communities.

Learn more at <https://www.biawa.org/support>

Helpful Information & Resources

Annual Open Enrollment for 2022 Individual and Family Health Plan

The open enrollment period for the 2022 individual and family health plan is November 1, 2021 through January 15, 2022.

For coverage to start February 1, 2022, you must buy a plan from December 16, 2021 through January 15, 2022.

If you miss the annual open enrollment period, you can still enroll if you qualify for [Apple Health \(Medicaid\)](#) or a special enrollment period.

Learn more at the WA State Office of the Insurance Commissioner [information page](#).



Looking for Resources?

Check out BIAWA's brain specific [Resource Locator Map!](#)

We'd love your feedback on the map! Please send feedback to info@biawa.org

Locate Ongoing Support Groups

Find a [virtual Support Group](#) Now!



You are not alone!

The Washington Brain Injury Resource Line is available Monday-Friday, 9:00 am– 5:00 pm.

1-877-982-4292

Help from a Resource Line Specialist is a phone call away!

CURRENT EVENTS

2021 Brain Injury Art Show

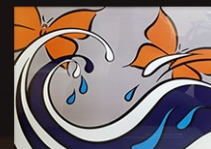
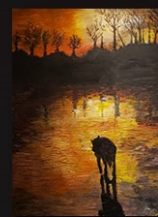
Paintings • Photography • Multimedia



Brain Injury
Alliance
WASHINGTON

November 17, 2021 - February 11, 2022

Renton History Museum



The 13th Annual Brain Injury Art Show will be held at the [Renton History Museum](#) November 2021—February 2022.

Renton History Museum

235 Mill Avenue South, Renton, WA 98057

Museum Times

Wed—Friday, 10 am—4 pm

Gallery capacity is currently limited to 15 at a time.

Reservations recommended.

Call 425-255-2330 to make a reservation for your gallery visit.

Questions? Contact Bridget at Bridgett@biawa.org

Proudly Sponsored by:



BROTHERS & HENDERSON, P.S.

Art Show Sponsor Spotlights coming in January 2022!

UPCOMING EVENTS

Brain Injury Awareness Month Concert

March 16, 2022

Kirkland Performance Center



Celebrate Brain Injury Awareness Month with BIAWA as we rock out with Heart by Heart!

Whether you decide to join us in person at Kirkland Performance Center or virtually, we guarantee that you will be dancing and singing along to Heart favorites by our favorite Heart cover band, which includes two of Heart's original band members!

Learn more and register at <https://join.biawa.org/BIAconcert2022>

Save The Date!



Walk, Run & Roll 2022

Saturday, April 30, 2022

Green Lake Park

Presented by Adler Giersch

That's right—we will be in person!

Learn more and register at <https://join.biawa.org/wrr2022>

PAST EVENTS

the
B.I.G.
brain injury gala

SATURDAY, NOVEMBER 6, 2021

Building Hope Together



14th Annual B.I.G. Event (Brain Injury Gala)
Presented by [Special Needs Group at UBS](#)

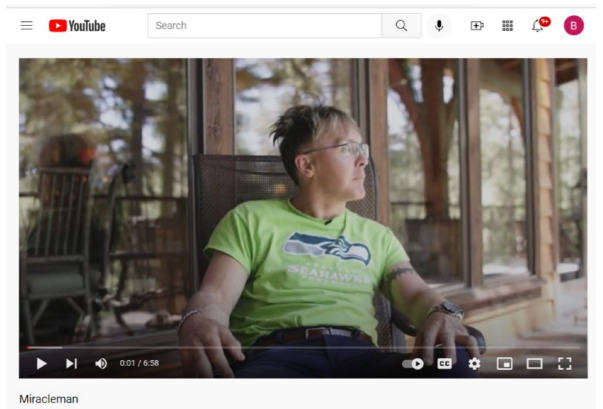
Honorary Chairs: [Nelson Langer Engle](#)



Emcee Tiernan and Auctioneer Colin



2021 Gala Video [Miracleman - YouTube](#)



Raise the Paddle



You can still donate to the Gala's Raise the Paddle!

Link will stay open through December 31, 2021.

[BIAWA Gala 2021 | 9999 | Virtual RTP Donation | Greater Giving Online Bidding \(ggo.bid\)](#)

PAST EVENTS

BIAWA Holiday Party

Jingle & Mingle



Brain Injury
Alliance
WASHINGTON

Wednesday, December 8th 2021



A great time was had by all at the Holiday Party!
There was great conversation, food and caroling!
Congratulations to our Raffle Winners!



Stay tuned for information on our next Social Event!

WELCOME OUR NEW BOARD MEMBERS!



Nathalia Jimenez, MD, MPH

Nathalia joined the BIAWA Board in October 2021.

She is Associate Professor and Vice Chair for Equity Diversity and Inclusion for the Department of Anesthesiology and Pain Medicine at the University of Washington School of Medicine. She is a pediatric anesthesiologist and principal investigator at Seattle Children's Research Institute, Associate faculty at Harborview Injury Prevention and Research Center and Research Director of the Latino Center for Health.

Her research focuses on health disparities and patient outcomes in Latinx children. Her work, funded by a K23 grant from NICHD, documented large long-term disparities in disability after Traumatic Brain Injury (TBI) among Latinx children specially among children of immigrant parents. She developed and pilot-tested a culturally and linguistically concordant patient navigation program to bridge TBI care between hospitals and community services.

She is currently funded with an R01 from NICHD to test the efficacy of this program in a multicenter effort. She is also interested in increasing participation of minority children in research and promote these efforts as a member of the Society for Pediatric Anesthesia Research Committee and Chair for the Diversity Equity and Inclusion Committee.



Are YOU interested in giving your time and talent as a board member to BIAWA?

Contact us today to learn more.

206-467-4800

Our Vision: A world where Brain Injury is prevented, and every person already affected by its impact benefits from resources to maximize their quality of life.



Washinton Brain Injury — Resource Center —

A PROGRAM OF BIAWA

The Resource Line is available Monday
through Friday from 9:00 am — 5:00 pm

Call 877-982-4292

Are you having a hard time finding resources in your community for...

- Navigating the Medical System
- Applying for Social Security Benefits
- Developing Education Interventions
- Planning Vocational Training
- Finding Legal Help
- Talking to Loved Ones about Brain Injury
- Facing Any Complex Issue Related to Brain Injury

We're here to help! All of our services are FREE! Give our **Resource Line** a call to talk with a specialist who can point you in the right direction: **877-982-4292**

***YOU Can Make A Difference
in the Lives of Survivors of
Brain Injury***



When You Become a Brain Champion:

- Your monthly donation is automatic and paper-free
- Gifts will occur monthly on the date of your choice
- You can modify your gift at any time through our portal or by contacting us

All Brain Champions Receive:

- A subscription to our quarterly newsletter, MindMatters
- Discounts on BIAWA event tickets
- BIAWA Swag
- Knowledge that you are making a meaningful impact in the Brain Injury community

Learn more about our Brain Champion Membership Program [HERE](#).

If you are not in a place to donate right now, don't worry! Our Resource Center services will always be available free of charge. You do not need to be a member to utilize services or participate in events!

BIAWA PROGRAMS



Brain Health & Wellness

A PROGRAM OF BIAWA

The Brain Health & Wellness Program provides FREE classes on topics such as communication, relationships, health and fitness, cognition and memory, and social skills. Click on a class to register or go on our website at www.biawa.org/calendar to see all the classes and register! If you need help getting signed up, call 206-467-4800 or email Taylor at taylorw@biawa.org.

Classes are being offered VIRTUALLY online via Zoom for Winter 2022!

Registration is REQUIRED to participate in these classes.

Inspiring • Learning • Growing



Brain Injury Today

PODCAST

The Official Podcast of the Brain Injury Alliance of Washington
Hosted by BIAWA Executive Director Deborah Crawley

All BIT episodes are available at BrainInjuryTodayPodcast.com



pact®

The
Pooled
Alliance
Community
Trusts®

Building Lifetime Trust

BIAWA has 39 years of experience in supporting individuals to achieve their highest quality of life. Recently, it was brought to BIAWA's attention that individuals receiving government assistance after sustaining a disabling injury often find themselves in a paradox where acquiring assets (e.g. from a dispute settlement) jeopardizes their qualification for government benefits.

To fill this gap, BIAWA has created The Pooled Alliance Community Trusts (PACT)® in partnership with leading investment and trust management firms including UBS Financial Services, Inc., True Link Financial, and The Zielke Law Firm (Trust Manager). Together, we provide Pooled Special Needs Trusts (for individuals affected by disability) as well as Pooled Basic Support & Maintenance Trusts.

PACT Trusts are open for enrollment. Please contact us via the form on our webpage PACTTrusts.org or email us at info@PACTTrusts.org or call 877-448-7228.

To get the newsletter sent to your mailing address, call Suzette at 206-467-4813
or email suzetteh@biawa.org