

Join Us Today

- **Register** for the 5K, the 1 Mile.
- **Share your story** by creating your own page to share with your family and friends, and collect pledges today!
- **Sponsor a kilometer** in honor or memory of a loved one with Brain Injury!
- **Make a donation** directly to BIAWA on your registration form!

Do it all at:

biawa.ejoinme.org/WRR2017



Register by March 18th online, by mail, or phone to get your WR&R T-Shirt .

PRIZES

By March 20th, any individual that has raised \$100 or any team that has raised \$500 will be entered in a raffle to win a \$100 gift card!

For more information, go to:



Sunday, April 2, 2017

Outside of Green Lake
Community Center

7201 E. Green Lake Drive N.
Seattle, WA 98115



Interested in sponsoring?
Please contact BIAWA at
206-467-4800

Fun and Fundraising With Your Friends

1) Registering:

- Sign up at:
biawa.ejoinme.org/WRR2017

2) Creating your webpage:

- Go to the Fundraiser Sign Up tab and sign up with Join Me!
- Add your story and photos

3) Sharing your story:

- Share your page on Facebook, Twitter, and Email

Ask your friends and family to join us in giving a voice to the silent epidemic of Brain Injury by making a pledge today.



www.biawa.org



Brain Injury
Alliance
WASHINGTON

www.biawa.org



REGISTRATION FORM
Walk, Run & Roll for Thought
Sunday, April 2, 2017

Registration information and payments must be received by March 18, 2017 to ensure receipt of a T-shirt.

Register by Mail: Mail form and payment to BIAWA PO Box 3044, Seattle, WA 98114

Register by Phone: Call 206-467-4800 or 877-982-4292

Register Online: <http://biawa.ejoinme.org/WRRR2017>

First Name _____ Last Name _____

Phone Number (_____) _____

Email Address _____

Mailing Address _____

City _____ State _____ Zip _____

I am participating in honor/memory of _____

I am registering for: 5K 1 Mile Both

I am registering as: \$25 Individual \$10 Survivor \$10 Child (12 & under)

\$150 Team (up to 10 people) \$100 Survivor Team (up to 10 people, including survivors and caregivers/family)

Team Name or Team Captain: _____

Adult T-Shirt Size: S M L XL XXL XXXL Child T-Shirt Size: S M L

Register and pay by March 18th, 2017 to ensure receipt of a T-shirt (size not guaranteed).

Method of Payment: Cash Enclosed Check Enclosed (payable to: **BIAWA**)

Credit Card CC# _____

Exp Date: _____ CCV: _____

I would like to include an additional Donation of \$ _____

Total Payment \$ _____

Dedicate a Kilometer on the 5K course in honor or memory of a loved one with Brain Injury. Call BIAWA office at 206-467-4800 for more information. Cost is \$100

Event Details

Outside of Green Lake Community Center
7201 E. Green Lake Drive N.
Seattle, WA 98115

Street parking is available around
Green Lake Park.

Schedule of Events

Registration Opens at 9:00 AM
Opening Ceremony 10:00 AM
5k & 1 Mile Starts at 10:15 AM

Help Break the Silence...

- Among young people age 15-24, TBI is the #1 cause of death and disability in our state.
- Brain Injury is the 2nd most prevalent injury and disability in the United States.
- 3% of our population is living with Brain Injury.
- Every 23 seconds a person in the US sustains a Traumatic Brain Injury.